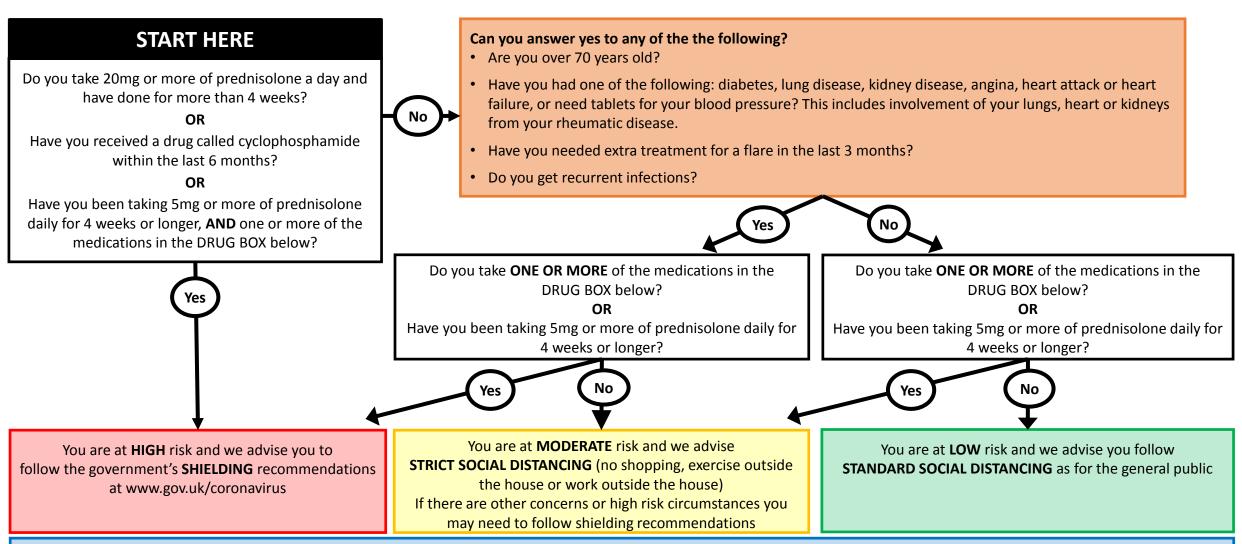
## 24 March 2020

## Guide to social distancing for rheumatology patients

Based on guidelines from British Society for Rheumatology and related medical associations and agreed by Cwm Taf Morgannwg consultant rheumatologists



## DRUG BOX

**Conventional immunosuppressant medications include**: azathioprine, leflunomide, methotrexate, mycophenolate (mycophenolate mofetil or mycophenolic acid), ciclosporin, cyclophosphamide, tacrolimus, sirolimus.

Biologic/targeted synthetic medications include: rituximab (within the last 12 months); or anti-TNF drugs (etanercept, adalimumab, infliximab, golimumab, certolizumab); tociluzimab; abatacept; belimumab; anakinra; secukinumab; Ixekizumab; ustekinumab; sarilumumab; canakinumab, apremilast, baracitinib, tofacitinib, or any biologic biosimilars.