

Is Alcohol damaging your Health?

Find out if you are drinking too
much alcohol and get advice
on cutting down [here](#)

DASPA

DRUG & ALCOHOL SINGLE POINT OF ACCESS

 **0300 333 0000**

**Support is available if you are
struggling with your drinking**

**Please call DASPA, the first point
of contact for advice on drug and
alcohol misuse in Cwm Taf**



Meddygfa
Eglwysbach
Medical Practice