



Llywodraeth Cymru
Welsh Government



Ydych chi'n gofalu am aelod o'ch teulu neu ffrind?

Codwch eich llais
oherwydd mae cyngor
a chymorth i'w cael.

Mae gan ofalwyr
di-dâl hawliau.

I gael rhagor o wybodaeth, ewch i
www.llyw.cymru/hawliau-gofalwyr
neu cysylltwch â'ch awdurdod lleol.

Do you care for a family member or friend?

Make yourself known
because there is advice
and support available.

Unpaid carers
have rights.

For more information, visit
www.gov.wales/carers-rights
or contact your local authority.